How to choose a sleeping bag

WHICH SLEEPING BAG?

ANSWER THE FOLLOWING QUESTIONS TO DECIPHER WHICH SLEEPING BAG IS RIGHT FOR YOUR ACTIVITY.

- 1. What will be the average night-time temperature? 2. Are you a warm sleeper or do you feel the cold?
- 3. What shape and size best suits you?
- 4. Does your sleeping bag need to be light weight?
- 5. Will you need a water resistant sleeping bag? 6. Do you want to zip bags together? 7. What is the best way to care for my sleeping bag?

WHAT TEMPERATURE RATING SHOULD I CHOOSE? To choose the right temperature, always base your purchase on the coldest temperature to expect during your trip. Play it safe, for example if the average coolest night time temperature is expected to be 0 degrees, choose a sleeping bag rated for -5 degrees.

EVERYBODY IS DIFFERENT Choose the right warmth for you, if you are a cold sleeper use the comfort rating to guide you and only if you are a warm sleeper should you use the lower limit rating as your guide.

THE RIGHT FIT If a sleeping bag fits your shape it will work efficiently to keep you warm. For example, women's specific bags are cut narrower in the shoulders and wider in the hips. Mummy shapes are

or longer bag fit you better?

thermally efficient but do they suit your sleep style? Would a shorter

Industry speak **TEMPERATURE RATING STANDARDS** In order to compare like with like our range of sleeping

bags are listed by the

field test ratings.

Lower limit rating EN13537 lower limit rating (defined as the temperature at which a standard man can sleep for 8 hours in a curled position). industry standard EN13537 temperature rating's comfort Field test rating limit rating. Sleeping bags for use below -18°C are listed by

in a relaxed position).

Comfort rating

EN13537 comfort rating (defined as the temperature at which a standard woman can expect to sleep comfortably

Extreme cold bags listed here by field test ratings which take into account the additional humidity, moisture management, and cold these bags need to operate in.

DOWN FILLED SLEEPING BAGS MILD TO COOL

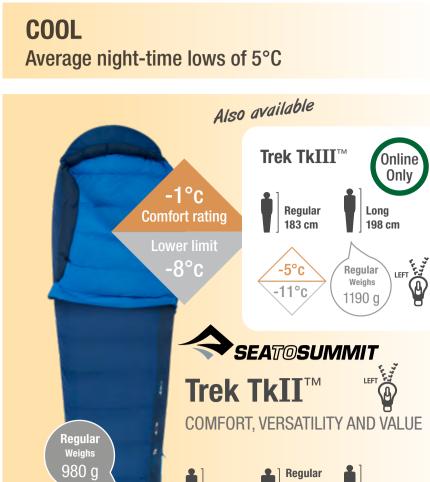


Online Only *650-*5°c omfort ratin **POWER** Rab Outpost 500 Price Richt **CAMPING AND TRAVEL SLEEPING BAG** SIMPLE, COMFORTABLE & SPACIOUS

750

750 -850







Also available



STOY PUFFED

The first step to caring for Down sleeping bags is to store them in a large, breathable storage bag. Your sleeping bag should come with a lofting bag. The Down in your bag can be damaged if it is compressed for an extended

keeping your sleeping bag clean is important since dirt, oil from our skin

down's lofting capacity. You can greatly extend the life of your sleeping

bag between washes by using a sleeping bag liner. When a wash is

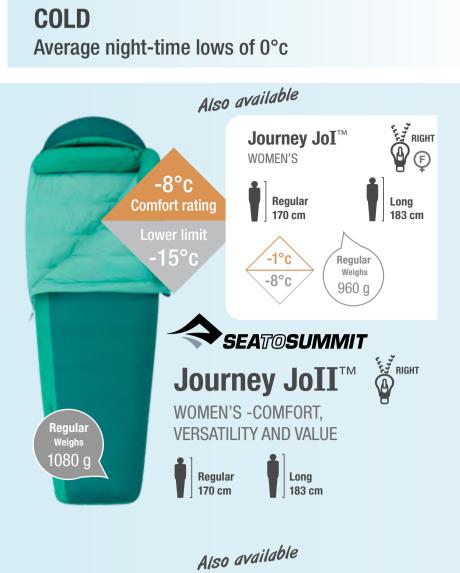
required, follow manufacturer instructions and we recommend using

and chemicals from sunscreens and insect repellents can adversely affect

period of time, causing it to lose its loft and insulation. Additionally,

HOW TO CARE FOR YOUR SLEEPING BAG

a downwash by Nikwax, Storm or Gear Aid.



Zodiac 500 LEFT RIGHT

Regular 170 cm

1090 g

185 cm XL(550) 200 cm

-4°c

CAMPING AND HIKING SLEEPING BAG

SPACIOUS, DURABLE, COMFORTABLE

Ascent AcII™ LEFT

1100 g

Regular 183 cm

-10°c/

SEAT@SUMMIT

WOMEN'S - LIGHT, COMFORTABLE

Altitude AtI™

AND ADAPTABLE

Regular 170 cm

MONT

Warmlite XT-R 750

VERSATILE HIKING SLEEPING BAG

WITH A TECHNICAL SHELL FABRIC

Regular 183 cm

Regular 168 cm

Regular 170 cm

THERMO GILLS™ Unzip the Thermo Gills™ to regulate

mperature without letting in drafts.

MONT

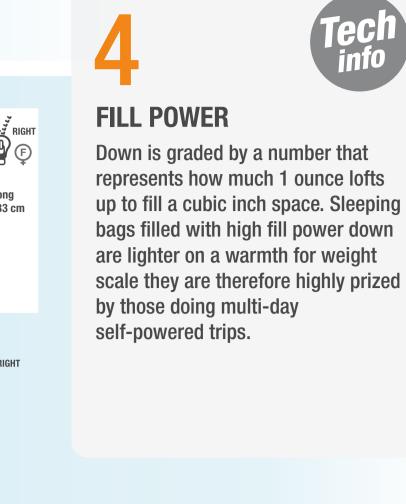
Zodiac 700

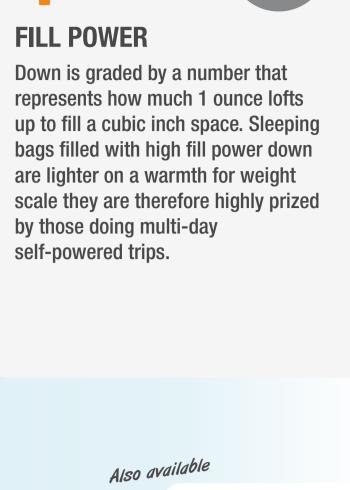
Also available

omfort ratin

mfort ratin

Men's egular Weig 1300 g









Comfort rating

MONT

ALL ROUNDER

HIKING AND SKI TOURING

Online Only



(12,000 – 20,000mm

waterhead)

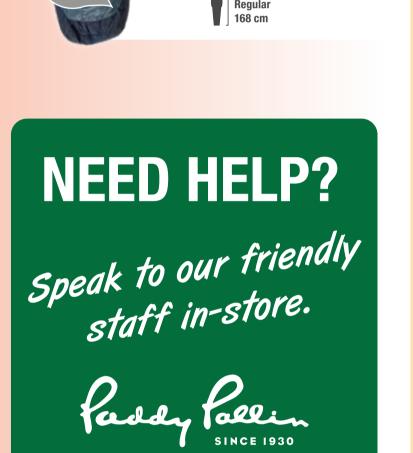
Please note: None of our sleeping bags are completely waterproof;





fabric on hood and





EXPERIENCE IS EVERYTHING



MONT LEFT RIGHT

Helium 450

-2°c

Comfort ratin

Regular 183 cm

SEAT@SUMMIT

LIGHT & COMPACT BY DESIGN

Long 198 cm

Spark SpIII™

WITH VERTICAL BAFFLES

Online Only





MONT

Regular 185 cm

Helium 680 BOX FOOT

SEAT@SUMMIT

Regular Long 183 cm

Spark SpIV[™]

Regular Long 198 cm

Flame FmIV[™]

WOMEN'S

-5°c

Comfort rating

WITH VERTICAL BAFFLES





MONT

SPECIALIST

Regular 185 cm

Spindrift XT 1000

Regular 170 cm

ALPINE EXTREME ADVENTURE



SummerLite

HIKING SLEEPING BAG

New

850+

EXTREMELITE™ SUMMER

MARIN USA



A PART LABOR DA

SIDE SLEEPER COMFORT & LIGHT-

WEIGHT PACKABILITY IN ONE BAG

TerraLite

Regular 180 cm



Comfort ratin

BY DESIGN

Regular 170 cm

SEAT@SUMMIT

WOMEN'S - LIGHT & COMPACT

Long 183 cm

Flame FmIII™



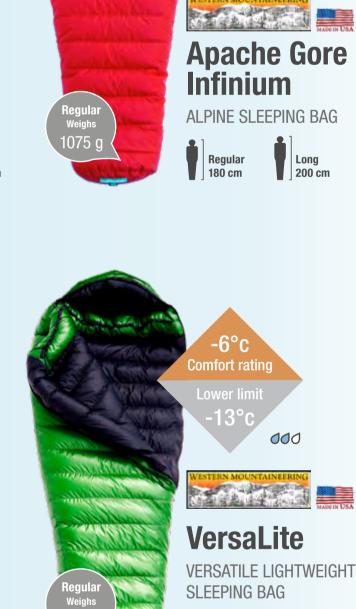
T ATTENDED

VERSATILE LIGHTWEIGHT

AlpinLite

SLEEPING BAG

Regular 180 cm













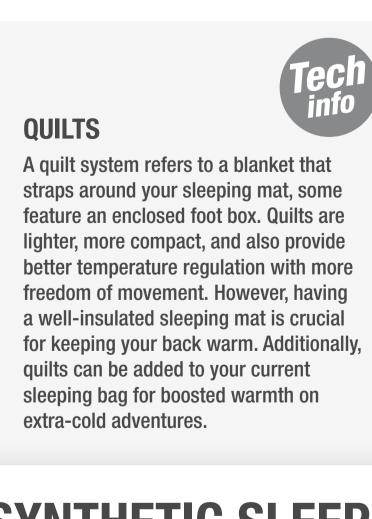
Long 200 cm



Expedition

Puma Gore Infinium

DOWN QUILTS









0°c

omfort ratir



It's a double

Synthetic bags offer versatility at a great price. Premium insulation means our range of bags compact well and offer great warmth for weight. In addition to hiking, and biking, these bags are an ideal choice for kayakers as they provide warmth even when wet.

Also available New Trailhead ThIII™





omfort ratin

MONT

Regular 185 cm

Evo Light

Regular 185 cm

12°c

8°c

VERSATILE SEMI-RECTANGULAR

Regular Weighs 785 g

Online Only



0°C

omfort ratir

NEMO

Jazz Double™

ULTIMATE COMFORT FOR TWO





Forte 20TM WOMEN'S

3-SEASON SYNTHETIC SLEEPING